

Reality Show Game – Finding a Marriage Partner¹

You have been chosen to be the next bachelor/bachelorette for a reality show. You will be starting with ten members of the opposite sex from which you must choose. Together with your counselor, draw pictures of these ten people, depicting a variety of personalities and character qualities. **Note to counselor:** Be sure to include both healthy and unhealthy individuals, i.e. a playboy type, a very controlling person, a giving person, a needy person, etc. Try to include unhealthy dynamics the client has experienced within his own family. Act out the reality show with these people, progressively eliminating those you would not want to be with and explaining why. Following are examples of questions which could be asked to determine whether or not this person is someone you would want to be with.

1. How do you think responsibilities in the home should be divided?
2. What communicates love/respect to you?
3. How important is it for the other person to check with you before going anywhere or making a decision?
4. What do you think about sex before marriage?
5. How important do you think it is to take responsibility when you do something wrong?
6. How important is it to you to help those less fortunate than you?
7. How important is it to you to spend time with your family?

¹ Colleen Stortvedt, *On the Road to Freedom* (Kearney, Nebraska: Morill Publishing, 2010), 229.

Reality Show Game – Finding New Parents

You have been chosen to be the next young person for a reality show. You have lost your parents and will be choosing from couples who want a child to be your new parents. You will be starting with ten sets of parents from which you must choose one couple to be your parents. Together with your counselor, draw pictures of these ten couples, depicting a variety of personalities and character qualities. **Note to counselor:** Be sure to include both healthy and unhealthy individuals, i.e. those who give their children whatever they want, very controlling people, very needy parents who expect the child to care for them, etc. Try to include unhealthy dynamics the client has experienced within his own family as well as qualities the client needs to develop in order to become a healthy parent. Act out the reality show with these people, progressively eliminating those you would not want to be with and explaining why. Following are examples of questions which could be asked to determine whether or not this person is someone you would want to be with.

1. What do you like to do?
2. What do you think children need the most?
3. If a child did something wrong, what would you do?
4. How should responsibilities be handled at home?
5. What do you expect from children?
6. What should a mother do for her children?
7. What should children be allowed to do?