

## **Prayers to Facilitate Meditation**

**Lord, cleanse me by Your blood.** Be obedient to previous revelations from God and confess any sin in your life.

**Lord, grant me a teachable attitude.** Maintain an attitude of humility, allowing Him the freedom to shed greater light on any ideas you currently hold and to alter them as He sees fit (James 4:6, 2 Peter 1:19).

**Lord, I will not use my faculties myself.** Present your mind to God so He can use it and fill it with anointed reason and divine vision (Proverbs 3:5-7, Romans 12:1-2). If you use your mind yourself, it is a dead work (Hebrews 6:1-2).

**Lord, I pray that the eyes of my heart might be enlightened.** Slow down as you read, mulling the text over and over in your heart and mind, praying constantly for God to give you a spirit of wisdom and revelation in the knowledge of Him (Ephesians 1:17-18, Psalms 119:18).

**Lord, I present the abilities to reason and to imagine to You to fill and flow through by Your Spirit.** Present your faculties to God for Him to fill and use.

**Lord, show me the solution to the problem I am facing.** When you have a hunger to master a new understanding and discipline, that hungry and searching heart will cause you to see things you would not normally see (Matthew 5:6).

**Thank You, Lord, for what You have shown me.** Give all the glory to God for what has been revealed (Eph 3:21).<sup>1</sup>

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<sup>1</sup>Mark and Patti Virkler, *Prayers that Heal the Heart*, (Gainesville, Florida: Bridge-Logos, 2001), 274-275.